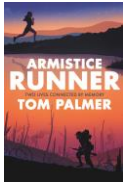


Armistice Runner by Tom Palmer



LITERACY & PE RESOURCE : THE ARMISTICE RUNNER CHALLENGE

A cross-curricular activity to commemorate this year's centenary of the armistice.

Object

To run quickly whilst memorising a word or phrase accurately.

Players

This can be played individually or in teams (houses or classes) with a series of runners passing the message to each other.

How to play

A teacher passes a written message to memorise or tells in a whisper a word or phrase in the child's ear for the child to remember.

The child sets off to run an age-appropriate distance.

The child's run is timed.

At the finish the time is recorded and the child has to try to immediately repeat as much as they can of the word or phrase back to a teacher.

Points are to be given for a combination of the most accurate and the quickest timed run. You could add a 5 second penalty per mistake. Or rank their running and memory scores as positions and total them to get an overall result.

The runners do not all have to set off together, this could be done throughout the day to make the running less stressful / competitive.

For older children, obstacles could be put safely across the path of the run, like hoops to run around or boxes to climb, to mimic the trenches / pitted landscape.

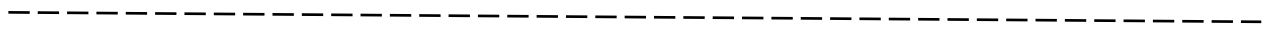
The team version is as above but run as a relay with the word or phrase being passed on in turn between the children as a whisper.

Participants can be awarded a certificate (overleaf)





Certificate of achievement
awarded to



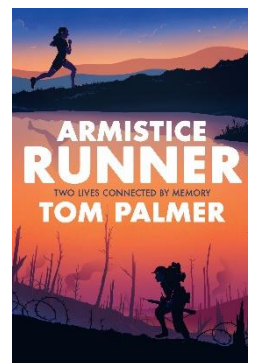
for taking part in
Tom Palmer's
Armistice Runner Challenge
to commemorate 100 years
since the end of the First World War

Signed

Tom Palmer

Date

11 November 2018



www.tompalmer.co.uk

